

medical ID cards and jewellery

Some people with epilepsy choose to carry something with them that says they have epilepsy. This factsheet lists some providers of medical identity (ID) cards, medical jewellery, and 'in case of emergency' items. For details contact each company directly.

Please note: Epilepsy Society does not endorse any companies and there may be other companies that provide similar items. There is a cost for items listed here, unless stated as free.

medical ID card

Epilepsy Society 'I have epilepsy' card

01494 601 392

www.epilepsysociety.org.uk

Free 'I have epilepsy' card (14cm x 9cm) with first aid guidance and space for you to write your own details about your seizures and emergency contacts. Comes with a plastic wallet (optional).

MediPAL

0845 603 4604

www.medipal.org.uk

Credit card sized plastic card printed with your personal medical information.

Message in a bottle

www.lionsmd105.org/Community/MIAB

Free plastic bottle with a form inside for you to add your personal medical information. You put the bottle in your fridge. A sticker by your front door and on the fridge tells emergency services that you have a bottle. Bottles are usually available from pharmacies and doctors' surgeries, or through your local Lions Club.

MY SOS ID

email: info@mysosid.com

www.mysosid.com

Credit card sized plastic card printed with your personal medical information.

YellowCross

01252 820 321

www.yellowcross.co.uk

Credit card sized card which lists your medical condition and asks for help in seven languages.

medical jewellery

Medical jewellery varies in style, but usually has the internationally recognised 'snake and staff' medical symbol on. Items may be engraved with basic medical information and a contact number. Or items may have the medical information contained inside on a paper form. Most companies also provide items for children.

See over the page for ID membership schemes that allow emergency services such as ambulance crews access to further details of your medical condition.

Hoopers Medi-Tag

0121 212 3636

www.hoopers.org

Necklaces, bracelets and watches, engraved with limited personal information.

IdentifyMe ICE Gems

0845 125 9539

www.icegems.co.uk

Medical jewellery, engraved with limited personal information.

medical jewellery with information inside SOS Talisman

0141 639 7090

www.medical-bracelets.co.uk

Necklaces, bracelets and watch style jewellery that opens. Inside is a paper form for you to add your personal medical information. Waterproof.



Call us for a large print version

medical ID membership schemes

Contact4Me

0800 124 4521

www.contact4me.com

ID membership scheme. Card, wristband, key fob and sticker with a number for emergency services to call. Contact numbers for your next of kin or doctor are supplied by you and stored on a database.

Hoopers Medi-Tag

0121 212 3636

www.hoopers.org

Necklaces, bracelets and watches, engraved with limited personal information. Optional membership scheme gives a number for emergency services to call. Medical information supplied by you is stored on a database.

MedicAlert Foundation

0800 581 420

www.medicalert.org.uk

Charity with ID membership scheme. Necklaces and bracelets engraved with limited personal information and a number for emergency services to call. Medical information supplied by you is stored on a database.

Next of Kin Medical Response

0845 366 7755

www.medicalresponse.co.uk

ID membership scheme. Tag pendant, bracelet, key ring and membership card with limited personal information and a number for emergency services to call. Medical information supplied by you is stored on a database.

computer-based medical ID

Doctor Babel

Email: support@doctorbabel.com

www.doctorbabel.com

Free online emergency medical record and translation service for communicating about your health in other languages. You can print out your personalised record. Access is via the Doctor Babel website only.

MedicTag

www.medictag.com

Digital USB storage device containing your personal medical information.

audio medical ID

Press Don't Panic

01721 730 511

www.pressdontpanic.com

Small audio recorder with green cross symbol which clips onto clothing. You can record up to 120 seconds of your personal message with first aid or medical information. You or someone else can press the play button if you are unable to speak.

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Every effort is made to ensure that all information is correct.

Please note that information may change after printing.

This information is not a substitute for advice from your own doctors. Epilepsy Society is not responsible for any actions taken as a result of using this information.

www.epilepsysociety.org.uk



helpline

01494 601 400

Monday to Friday 10am to 4pm
Confidential (national call rate)