

## Different Jumps

### Tandem

- Most popular jump!
- Your jump and training completed in one day
- You will be safely harnessed to an experienced parachute instructor at all times
- You will jump from at least 10,000 feet
- Freefall down to 5,000 feet – falling through the air at 120 mph!

**£395**  
minimum  
sponsorship

### Static Line, Freefall Jump

- You will receive thorough one day training for your jump the following day
- Jump solo from up to 3,000 feet
- You will be securely attached to a 'static line' designed to automatically open your parachute

**£360**  
minimum  
sponsorship

### Accelerated Freefall (AFF)

- Freefall alone from an amazing 10,000 feet
- You will receive one full day of training for your solo skydive the following day
- Expert classroom and practical sessions mean you will be completely prepared
- The first level of a professional skydiver's course

It's completely up to you which jump you choose and as long as you raise the minimum sponsorship you jump for FREE to support NSE!

The National Society for Epilepsy

Chesham Lane,  
Chalfont St Peter,  
Buckinghamshire, SL9 0RJ  
T: 01494 601 300  
F: 01494 871 927

fundraising@epilepsysociety.org.uk  
www.epilepsysociety.org.uk

registered charity number: 206186

Epilepsy Helpline  
01494 601 400  
(National call rate)

Monday - Friday  
10am - 4pm  
information... time to talk...  
emotional support  
Translation service available



## Fundraising for your jump

One of the easiest ways to raise sponsorship money is by setting up a JustGiving page.

JustGiving helps you to cut down on the administration involved by doing it all securely online.

Register now at [www.justgiving.com/nse/raisemoney](http://www.justgiving.com/nse/raisemoney) to create your own free personalised fundraising page. Then all you need to do is email the link to your friends and family who can sponsor you immediately online. For more information and assistance in setting up your page, call JustGiving on 0845 021 2110 (local rate).

Of course you don't need to just rely on sponsorship online as NSE will provide you with all the support, ideas and materials you will need to help you reach your fundraising goal.

For tandem jumps £190 of the £395 minimum you need to raise goes towards the cost of your jump, the remaining £205 comes directly to NSE. Every penny you raise over the minimum amount will come straight to NSE. You are also more than welcome to cover the cost of the jump yourself and that way all your sponsorship will come to NSE.

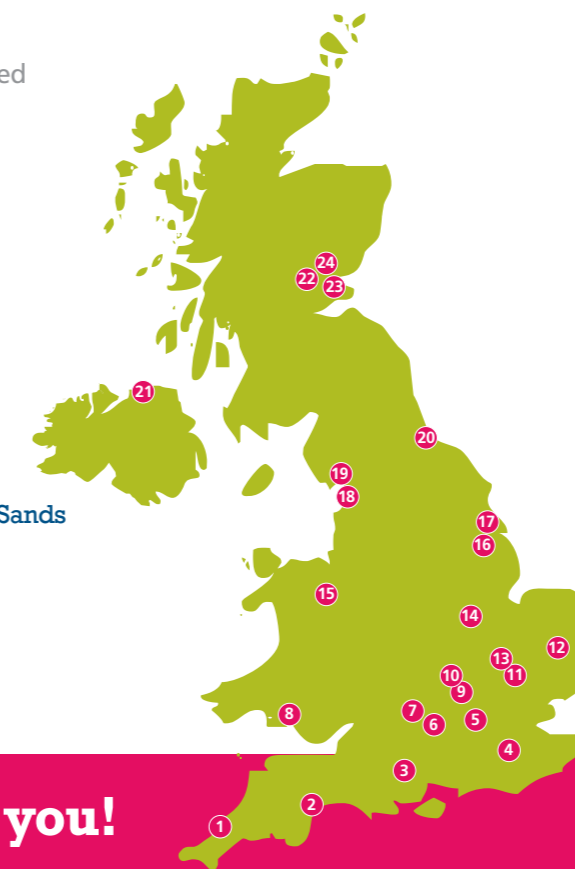
All parachutists are recommended to take out personal accident insurance. Full details can be obtained from the Skyline website on [www.skylineparachuting.co.uk](http://www.skylineparachuting.co.uk)



## How to book your jump

1. Book online at [www.epilepsysociety.org.uk/jump](http://www.epilepsysociety.org.uk/jump) or contact NSE for a booking form on 01494 601358 or [fundraising@epilepsysociety.org.uk](mailto:fundraising@epilepsysociety.org.uk)
2. Choose your jump site from the 24 airfields across the country. You will be automatically booked at the jump site closest to your home unless you specify otherwise.
3. Return your reservation form to Skyline with a £70 deposit as soon as possible to secure your chosen date.
4. FUNDRAISE! You now need to raise at least the minimum amount to make your jump. We encourage you to set yourself a goal to exceed this because every penny over the minimum goes directly to supporting NSE's work.
5. You pay for your jump and hand in your sponsorship money at the airfield on the day. If you raise the minimum amount you are permitted to take the cost of your jump from the money you raise (you will need to take proof). If your money has been raised online, Skyline can invoice NSE to pay the cost of your jump. If this is the case please contact the NSE fundraising team before you jump. One of the easiest ways to raise sponsorship is to set up a JustGiving page.
6. Make your jump and have the experience of a lifetime!

- |                |                       |
|----------------|-----------------------|
| 1. Cornwall    | 13. Peterborough      |
| 2. Honiton     | 14. Nottingham        |
| 3. Salisbury   | 15. Whitchurch        |
| 4. Maidstone   | 16. Brigg             |
| 5. Marlow      | 17. Bridlington       |
| 6. Swindon     | 18. Lancaster         |
| 7. Cirencester | 19. Grange-over-Sands |
| 8. Swansea     | 20. Durham            |
| 9. Bicester    | 21. Coleraine         |
| 10. Brackley   | 22. Auchterarder      |
| 11. Cambridge  | 23. St Andrews        |
| 12. Norwich    | 24. Errol             |



# Skydive for NSE

Experience the ultimate high



[www.epilepsysociety.org.uk/jump](http://www.epilepsysociety.org.uk/jump)

Go on – we dare you!

nse

The  
National Society  
for Epilepsy

## Are you ready for the experience of a lifetime?

A charity skydive in aid of The National Society for Epilepsy (NSE) is the perfect thrilling challenge that you are looking for. In the UK nearly half a million people have epilepsy and 1 in 20 of us will have a seizure at some point in our life.

With your help we will continue to carry out our direct services including medical research, assessment and treatment, information and support.

**Thank you for choosing to support our work helping people affected by epilepsy.**

NSE believes that nobody should be left to deal with epilepsy alone. We promise that every penny you raise will be put to good use.

There are three types of jump to choose from: tandem, static and accelerated freefall. Plus if you raise the minimum sponsorship you will get to jump for FREE. Whichever jump you decide to do you are guaranteed to have a truly unforgettable experience.

## Who can jump

For a tandem skydive you must be aged 16 or over and you must weigh under 15 stone. For a static line jump and accelerated freefall you must be between 16 and 55 years old and less than 15 stone.

If you have epilepsy you may need a medical form signed by your doctor before you are allowed to jump.

Please discuss this with Skyline on 0207 424 5522 before booking.

Those under 18 will need a medical form signed by a parent or guardian. People aged 40 and over, or with a medical condition, will need a form signed by their doctor.

## About NSE

NSE is the leading national medical charity working for everyone affected by epilepsy. NSE conducts ground breaking medical research. We want to find the answers to improve diagnosis and treatment for a seizure free life for everyone with epilepsy.

We run a world class medical service providing the best in epilepsy assessment, diagnosis and treatment.

We provide face to face support, help and information to everyone affected by epilepsy through our national outreach programme.



## Personal Stories

A parachute jump was something Angie Doherty, 24, never thought she would be able to do until her life was transformed by brain surgery. Angie has been seizure free since an operation in 2005 and to say thank you she decided to take part in a tandem jump for NSE and raised £1,000.

**"It was a great way for me to say thank you to NSE. Before my surgery I was having up to seven seizures a day, but since my operation I have been seizure free and can now drive, swim and ride a motorbike."**

Angie Doherty

Patricia King, 60, decided to do a tandem jump in memory of her son Paul who died of epilepsy in 2005 aged 25.

**"It was the most marvellous experience and I am so glad I finally had the guts to do it. I am sure my son would have been so proud of me."**

Patricia, who jumped in September 2008, raised £1,591 for NSE.

Patricia King

Derek Wilson, 64, an NSE governor, raised more than £2,500 when he fulfilled a personal ambition by completing his tandem skydive in July 2009.

**"It was indescribably fantastic, a thrilling adrenalin rush second to none. Descending at over 120mph in freefall left me on an enormous high. I would strongly recommend it. It was brilliant!"**

Derek Wilson

Jamila Ali, 27, raised £761 from her skydive.

**"I have epilepsy and would like to encourage others to do it too. It was an experience of a lifetime, one not to miss and all for a good cause! I was really proud of myself!"**

Jamila Ali