

Epilepsy Tool Kit - Epilepsy Society's smartphone app

Available from:

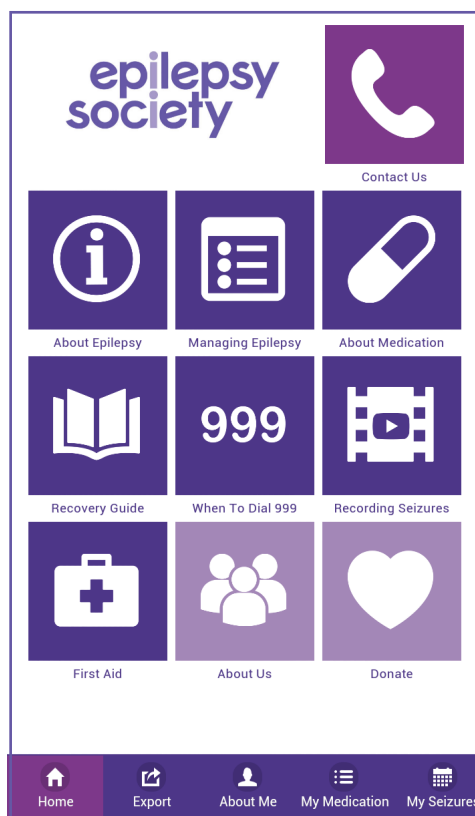
- 'Google Play' for Android devices; and
- 'iTunes' for Apple devices.

Search for 'Epilepsy Tool Kit'.

The icon for the app looks like this:



The home screen looks like this:



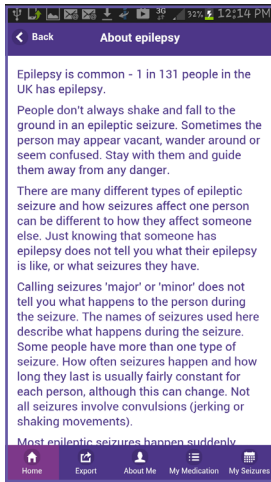
Note

There have been two previous versions of the app, called 'Epilepsy Guide' and 'Epilepsy Toolkit'. These have now been removed from the Android and Apple shops so they can no longer be found and downloaded. If someone has one of the old versions on their phone **it will not be deleted** from their phone. The old version does not *have* to be deleted in order to have the new copy (they can both exist on a phone) but as the new one has more functions, it is better than the old copies.

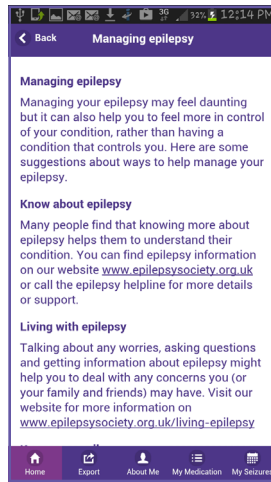
Functions from the home page

Text on managing epilepsy and using the app - scroll down

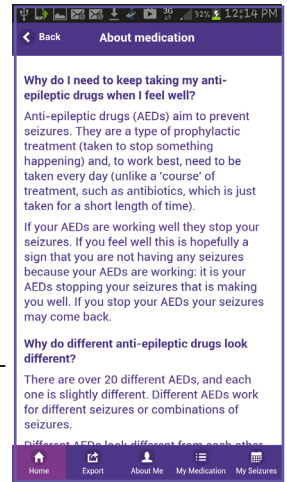
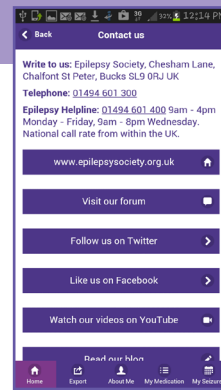
Contact details inc helpline



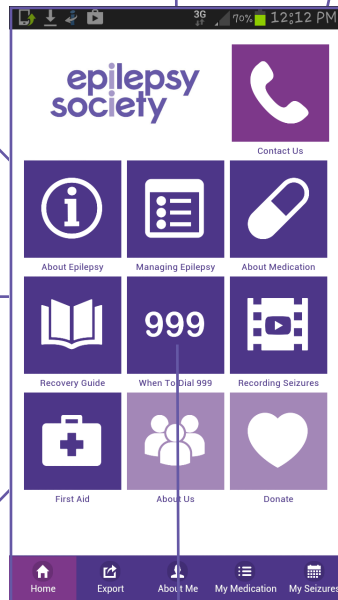
Text about epilepsy - scroll down



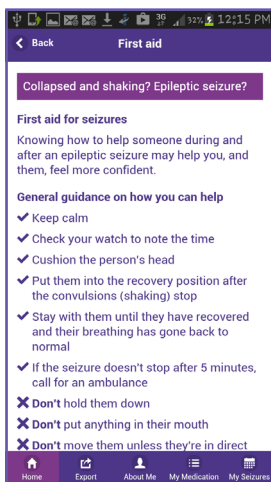
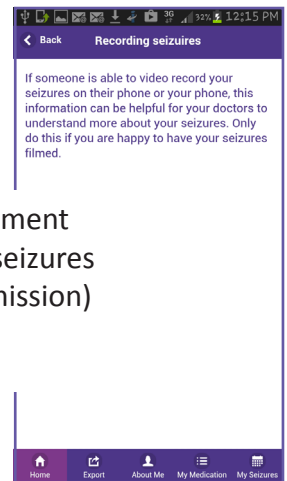
Text about medication - scroll down



Recovery position step-by-step - scroll down

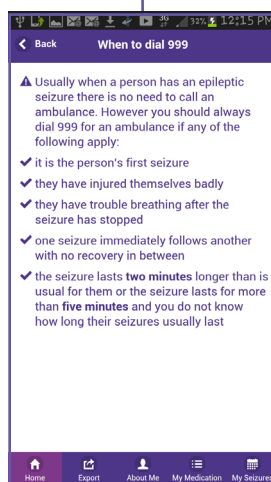


Encouragement to record seizures (with permission)

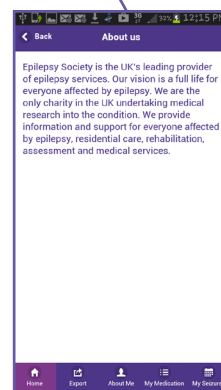


General first aid guidance

Text: when to dial 999. This is not a link to ring 999!

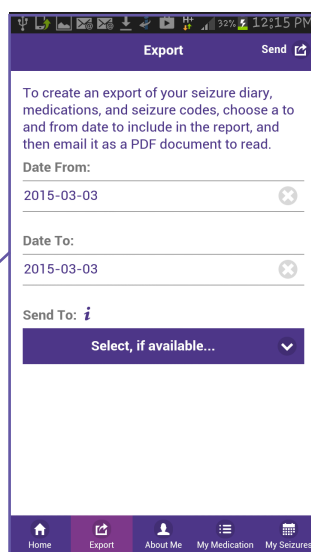
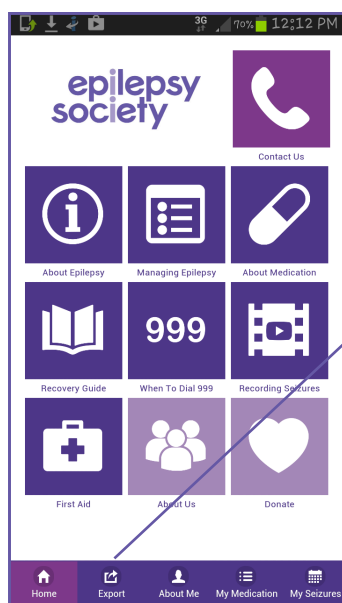


Live link to donate page on the website



A bit about us

Functions from the home page



Export

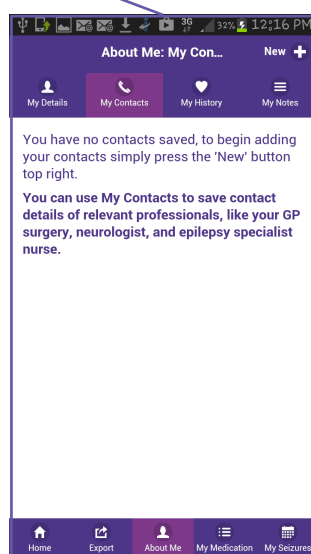
This allows the user to 'package' their seizure diary information into a PDF and email it (for example, to their doctor).

About me



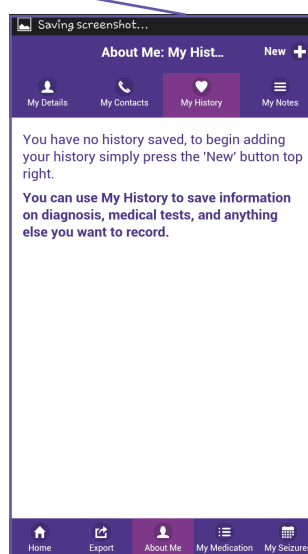
My details

Add name and date of birth by typing.



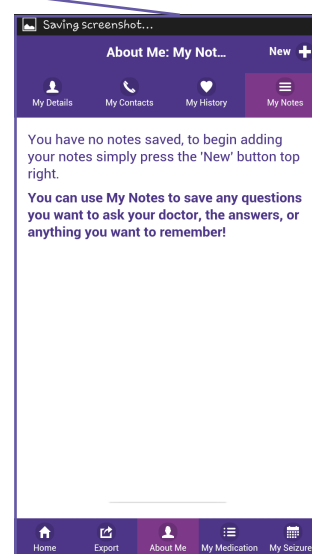
My contacts

Suggestion to add details of people such as GP and neurologist. Click on '+' to add these people by typing.



My history

Suggestion to add information on diagnosis, tests etc. Click on '+' to add details.

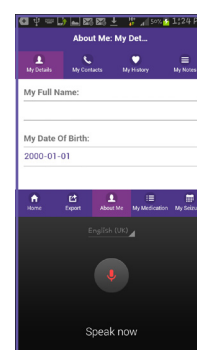


My notes

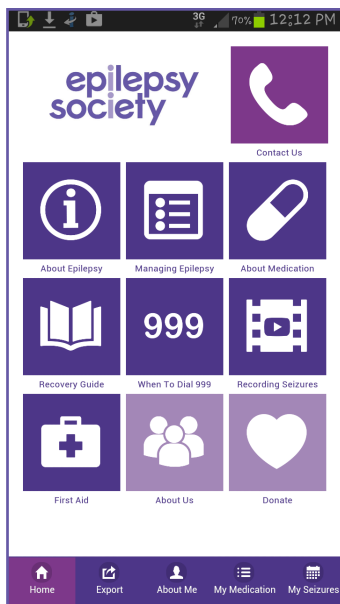
Suggestion to add notes such as things to ask your doctor. Click on '+' to add details.

Note

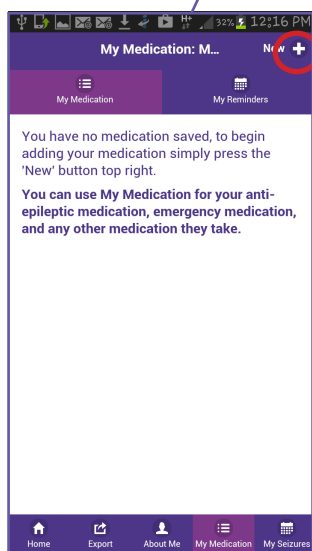
Anywhere there is an 'i' icon this is a link to an information box. Click to see 'hints and tips'. For example, selecting the small microphone button on the keyboard (which may be a button itself, or share another function) allows you to speak into the phone's microphone, which then converts this into text.



Functions from the home page

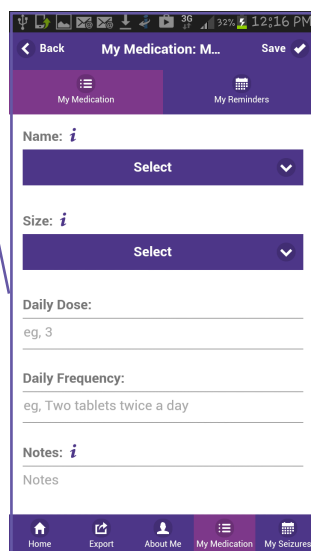


My Medication



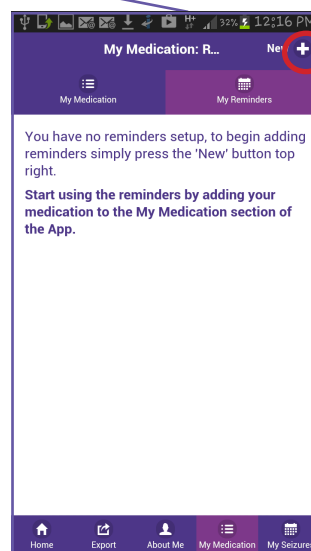
My Medication

Instructions for adding your medication. Touch '+' to add.



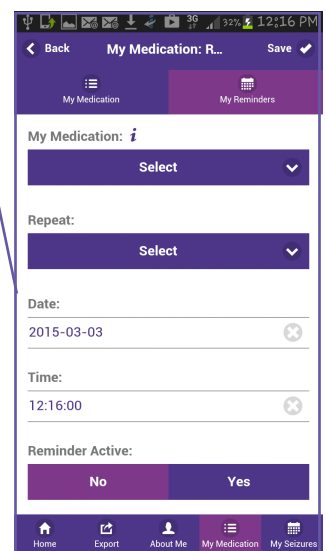
My Medication

Add details of your medication, one at a time. Name and size are drop down menus to select from, with free text boxes (for other medications). Folic acid is included. Add daily dose and frequency, and any notes.



My Reminders

Instructions for adding medication reminders. Touch '+' to add.



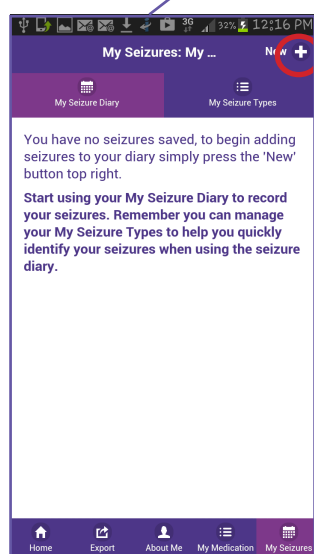
My Reminders

Set up your reminders, one at a time. The 'my medication' drop-down menu is populated by your medication list.

Functions from the home page

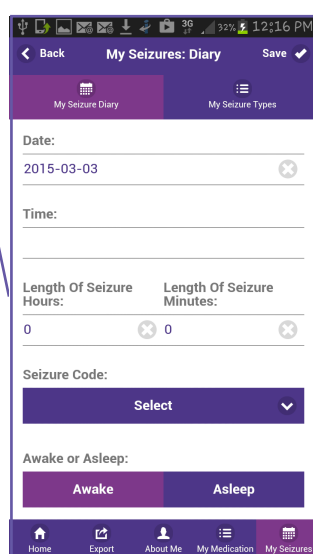


My Seizures



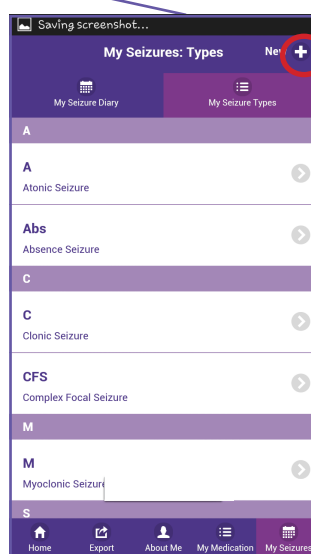
My Seizures: Diary

Instructions for adding seizures to the diary. Touch '+' to add.



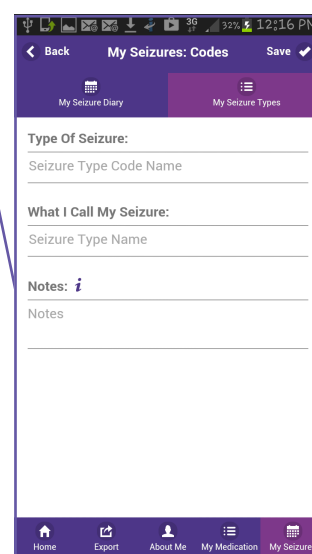
My Seizures: Diary

Type-in and drop-down boxes for adding details of seizures. Fields: date, time, length, seizure code (a menu populated by 'my seizure types'), awake or asleep, taken to hospital, medication taken, emergency medication and notes.



My Seizures: Types

Seizures to select from to make a list of the seizures you experience. You can also add in your own names. Touch '+' to add.



My Seizures: Codes

Personalising your seizure types