epilepsy tool kit



Epilepsy Tool Kit - Epilepsy Society's smartphone app

Available from:

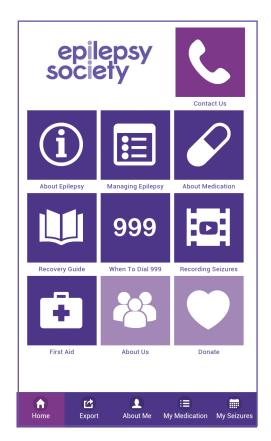
- 'Google Play' for Android devices; and
- 'iTunes' for Apple devices.

Search for 'Epilepsy Tool Kit'.

The icon for the app looks like this:



The home screen looks like this:



Note

There have been two previous versions of the app, called 'Epilepsy Guide' and 'Epilepsy Toolkit'. These have now been removed from the Android and Apple shops so they can no longer be found and downloaded. If someone has one of the old versions on their phone it will not be deleted from their phone. The old version does not have to be deleted in order to have the new copy (they can both exist on a phone)

The old version does not *have* to be deleted in order to have the new copy (they can both exist on a phone) but as the new one has more functions, it is better than the old copies.

Functions from the home page

🖒 🕍 🖾 🔀 🛨 🦑 🛅 👯 🔏 32% 🛂 12°,14 PM About epilepsy Epilepsy is common - 1 in 131 people in the UK has epilepsy. People don't always shake and fall to the ground in an epileptic seizure. Sometimes the person may appear vacant, wander around or seem confused. Stay with them and guide them away from any danger. them away from any danger. There are many different types of epileptic seizure and how seizures affect one person can be different to how they affect someone else. Just knowing that someone has epilepsy does not tell you what their epilepsy is like, or what seizures they have. is like, or what seizures they have.

Calling seizures 'major' or 'minor' does not tell you what happens to the person during the seizure. The names of seizures used her describe what happens during the seizure. Some people have more than one type of seizure. How often seizures happen and how long they last is usually fairly constant for each person, although this can change. Not all seizures involve convulsions (jerking or shaking movements).

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Text about epilepsy scroll down

Recovery position step-by-step scroll down

General first aid guidance

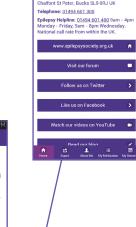
Text on managing epilepsy and using the app scroll down



epilepsy

999

society

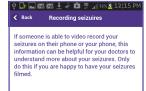


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Text about medication scroll down

Contact details inc helpline





Encouragement to record seizures (with permission)



epilepsy society

a full life for everyone affected by epilepsy home menu search Home » Get involved » donate donate

A bit about us

Over half a million people in the Over Inal a minilon people in the UK have epilepsy. Please help us to help them and their families carers and friends. Our vision is for a full life for everyone affected by epilepsy. Your donation, no matter how large or small can help us to change lives.

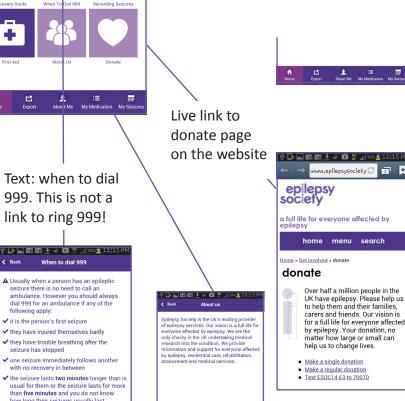
www.epilepsysociety 🔾 💈 🕏

Make a single donation Make a regular donation

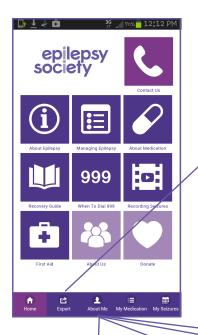
Text ESOC14 £3 to 70070

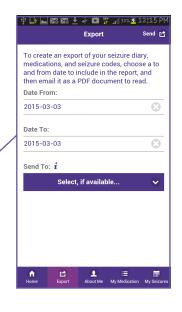
usual for them or the seizure lasts for more than **five minutes** and you do not know how long their seizures usually last





Functions from the home page





Export

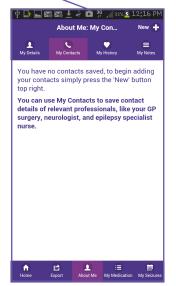
This allows the user to 'package' their seizure diary information into a PDF and email it (for example, to their doctor).

About me



My details

Add name and date of birth by typing.



My contacts

Suggestion to add details of people such as GP and neurologist. Click on '+' to add these people by typing.



My history

Suggestion to add information on diagnosis, tests etc. Click on '+' to add details.



My notes

Suggestion to add notes such as things to ask your doctor. Click on '+' to add details.

Note

Anywhere there is an 'i' icon this is a link to an information box. Click to see 'hints and tips'. For example, selecting the small microphone button on the keyboard (which may be a button itself, or share another function) allows you to speak into the phone's microphone, which then converts this into text.

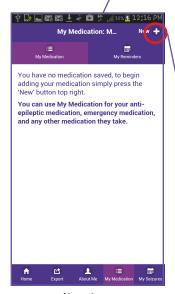


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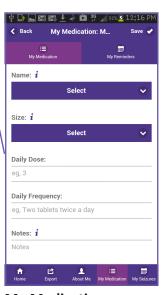


My Medication



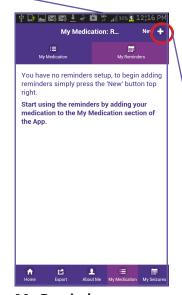
My Medication

Instructions for adding your medication.
Touch '+' to add.



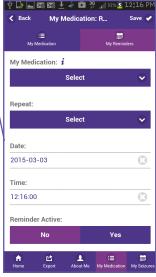
My Medication

Add details of your medication, one at a time. Name and size are drop down menus to select from, with free text boxes (for other medications). Folic acid is included. Add daily dose and frequency, and any notes.



My Reminders

Instructions for adding medication reminders. Touch '+' to add.



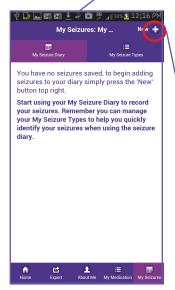
My Reminders

Set up your reminders, one at a time. The 'my medication' drop-down menu is populated by your medication list.

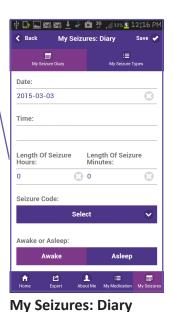
Functions from the home page



My Seizures

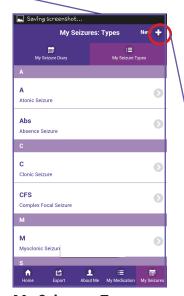


My Seizures: Diary Instructions for adding seizures to the diary. Touch '+' to add.



Type-in and drop-down boxes for adding details of seizures. Fields: date, time, length, seizure code (a menu populated by 'my seizure types'), awake or asleep, taken to hospital, medication

taken, emergency medication and notes.



My Seizures: Types
Seizures to select from
to make a list of the
seizures you
experience. You can
also add in your own
names.
Touch '+' to add.



My Seizures: Codes Personalising your seizure types