

# epilepsy: from symptomatic to holistic

Annual Conference 2018

Saturday 15 September, 9.30am – 5.00pm

Holiday Inn, Bloomsbury, London, WC1N 1HT

## Programme

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| 9.30          | Registration (with refreshments)  |
| 10.00 – 10.10 | <b>Opening and introduction from the conference Chair</b><br>Clare Pelham, Chief Executive, Epilepsy Society  |
| 10.10 – 10.30 | <b>Welcome</b><br>Epilepsy Society update<br>Peter Worthington, Chairman of the Board of Trustees   |
| 10.30 - 11.00 | <b>My personal journey</b><br>Dr Simona Balestrini, Consultant Neurologist  |
| 11.00 – 12.00 | <b>The importance of a person-centred approach to epilepsy treatment</b><br>Professor Ley Sander  |
| 12.00-1.00    | <b>Lunch</b>  |
| 1.00 –1.45    | <b>Sleep issues &amp; cognitive behavioural therapy</b><br>Dr Hugh Selsick  |
| 1.45 -2.30    | <b>'Ask the experts' panel chaired by Clare Pelham</b><br>Prof Ley Sander, Dr Fergus Rugg-Gunn, Peter Worthington, Dr Hugh Selsick,<br>Rev Bob Mayo, Dr Simona Balestrini |
| 2.30 –3.00    | <b>Tea break</b>  |
| 3.00 - 3.45   | <b>Deeper into the brain - what the latest scans can tell us</b><br>Dr Fergus Rugg-Gunn   |
| 3.45 - 4.30   | <b>My life with epilepsy</b><br>Rev Bob Mayo interviewed by Nicola Swanborough  |
| 4.30 - 4.45   | <b>Celebration of achievement awards</b><br>Presented by Clare Pelham   |
| 4.45 - 5.00   | <b>Summary &amp; close</b>  |